

# MEET THE AUTHOR



I am Trina Long and my son, Logan became a cornea recipient at the age of 16. In gratitude for restored sight, Logan decided to register as an organ, eye, and tissue donor. At the age of 30, Logan's desire to give the ultimate gift became a reality. Logan was able to improve the lives of 543 people through his gifts of eye and tissue donation.

My hope is that through this fact and fun activity book, children of all ages will learn about the life saving and life improving gifts of organ, eye, and tissue donation.

### MY MOTTO

"You never know when you or your loved one may need a donor or when you may have the opportunity to become a donor."



# WARRIOR EDITION

# DONOR HEROES ARE SUPERHEROES

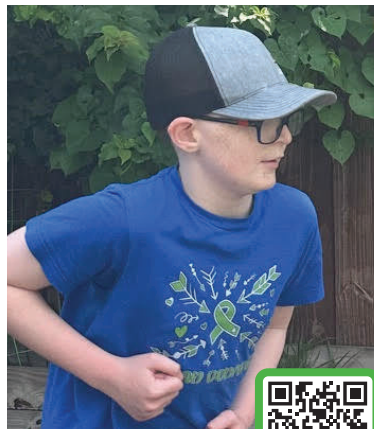
ORGAN, EYE, AND TISSUE DONATION RECIPIENTS

## FACTS AND FUN

# MEET THE WARRIORS



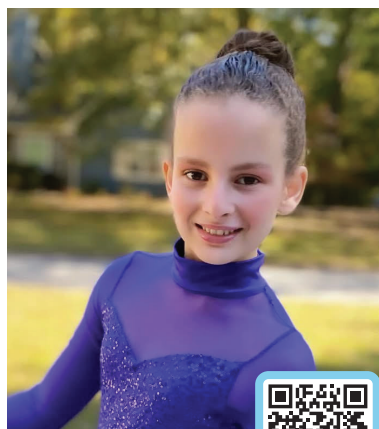
**LOGAN**  
16 YEARS OLD CORNEA RECIPIENT  
30 YEARS OLD DONOR HERO



**GABE**  
9 YEARS OLD HEART RECIPIENT



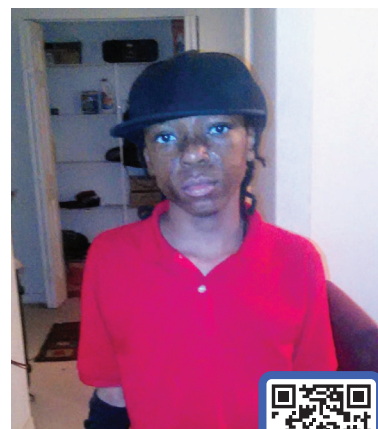
**DAYSHA**  
14 YEARS OLD KIDNEY RECIPIENT



**DEANNA**  
7 MONTHS OLD LIVER RECIPIENT



**ZOE**  
6 WEEKS OLD CORNEA RECIPIENT



**DEMETRIUS**  
8 YEARS OLD TISSUE RECIPIENT



# THIS BOOK IS DEDICATED TO ALL DONOR HEROES FOR THEIR GIFTS TO WARRIOR RECIPIENTS

A special thank you to the recipients who have made this edition possible. Through the gifts you have received, you have the power to bring awareness to a very important topic, the benefits of organ, eye, and tissue donation.

Illustrations by MOCK, the agency

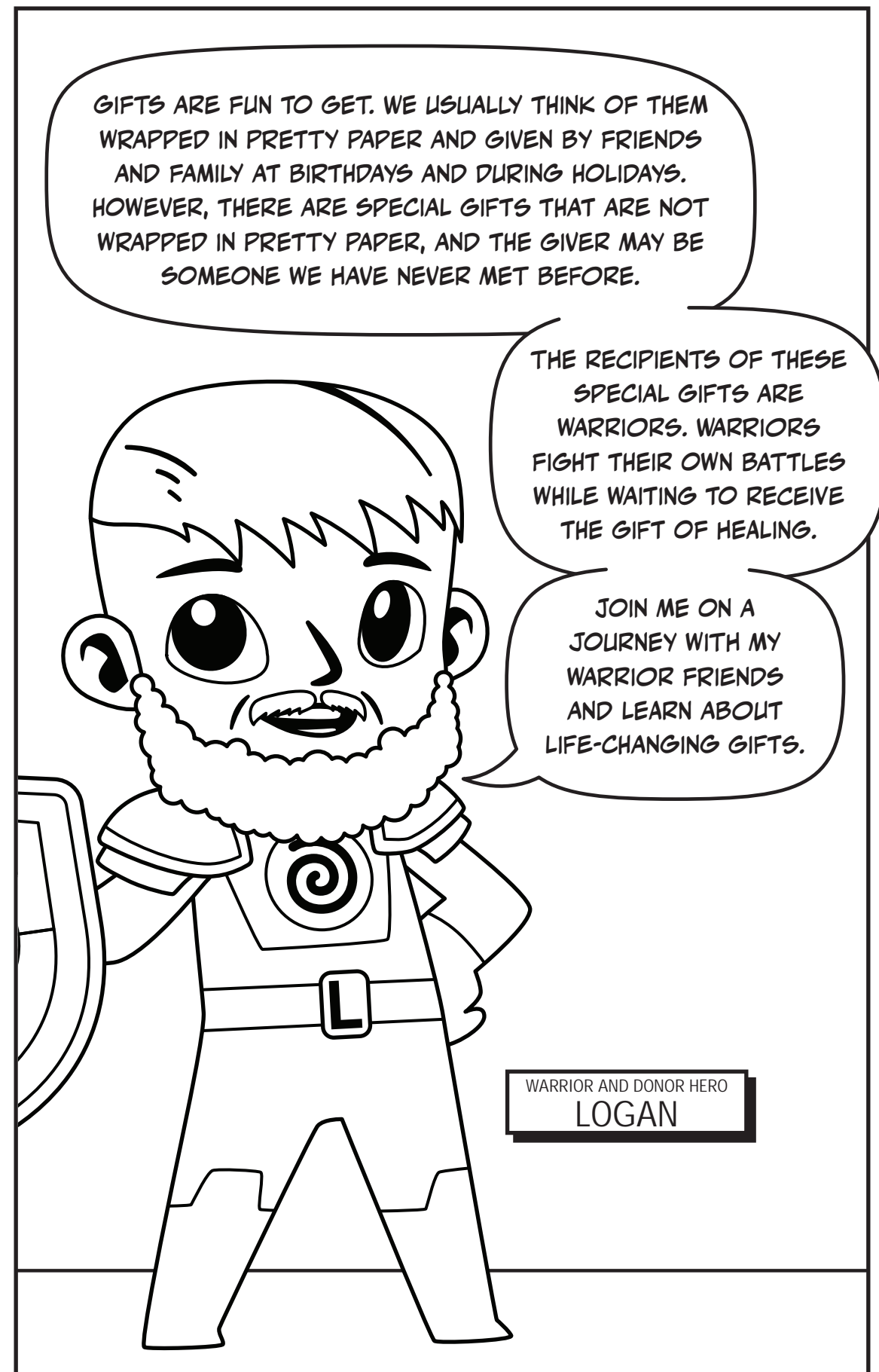
Author photo by Margie Visnick

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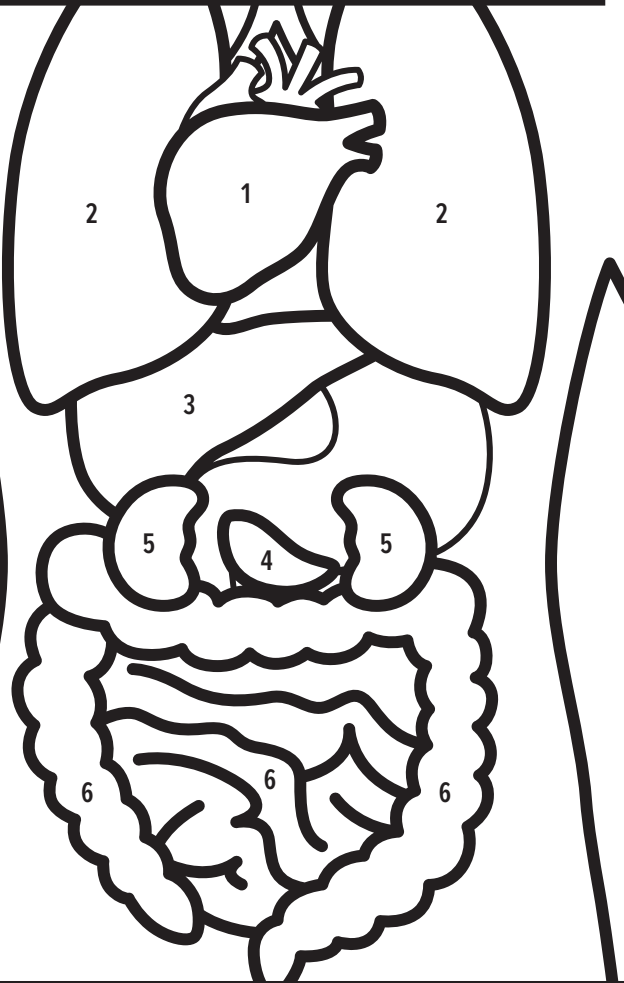


THE FIRST STOP ON OUR JOURNEY IS TO LEARN THAT THERE ARE 8 ORGANS THAT CAN SAVE UP TO 8 LIVES.

USE THE COLOR CHART TO COLOR THE LIFESAVING ORGANS.

COLOR CHART

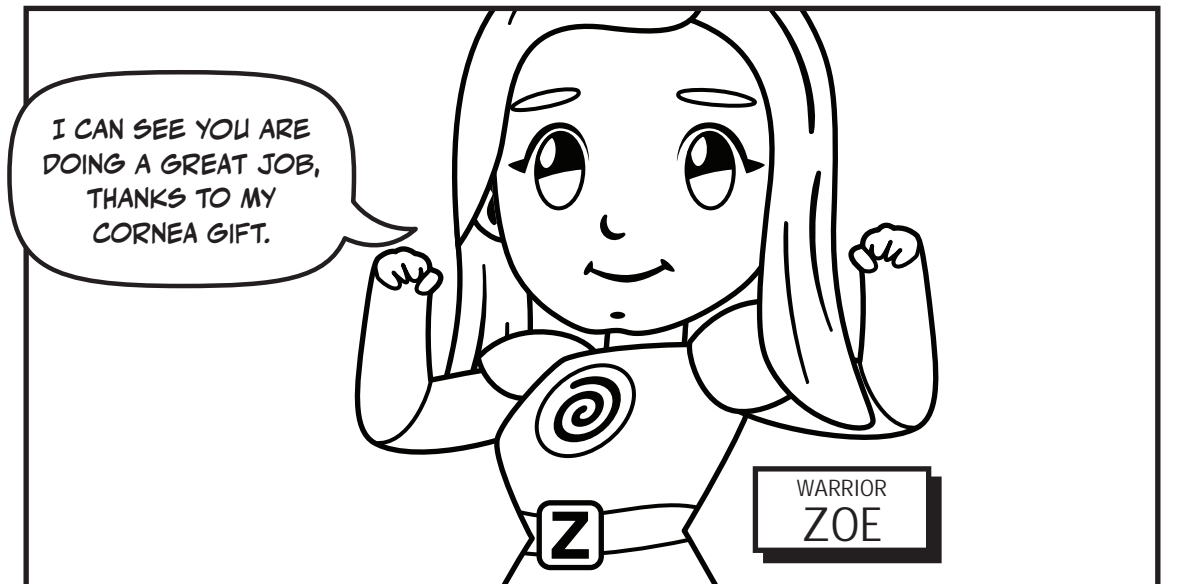
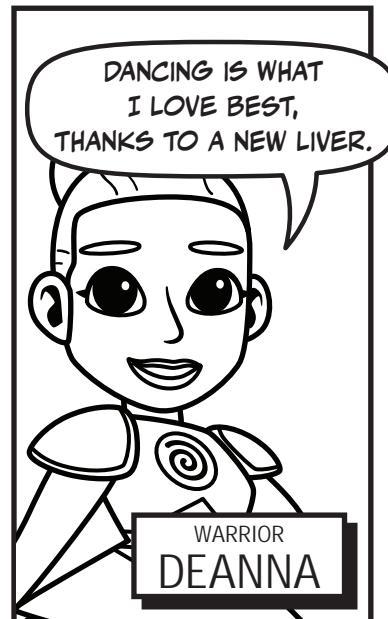
1 HEART	RED
2 LUNGS	BLUE
3 LIVER	YELLOW
4 PANCREAS	GREEN
5 KIDNEYS	ORANGE
6 INTESTINES	BROWN

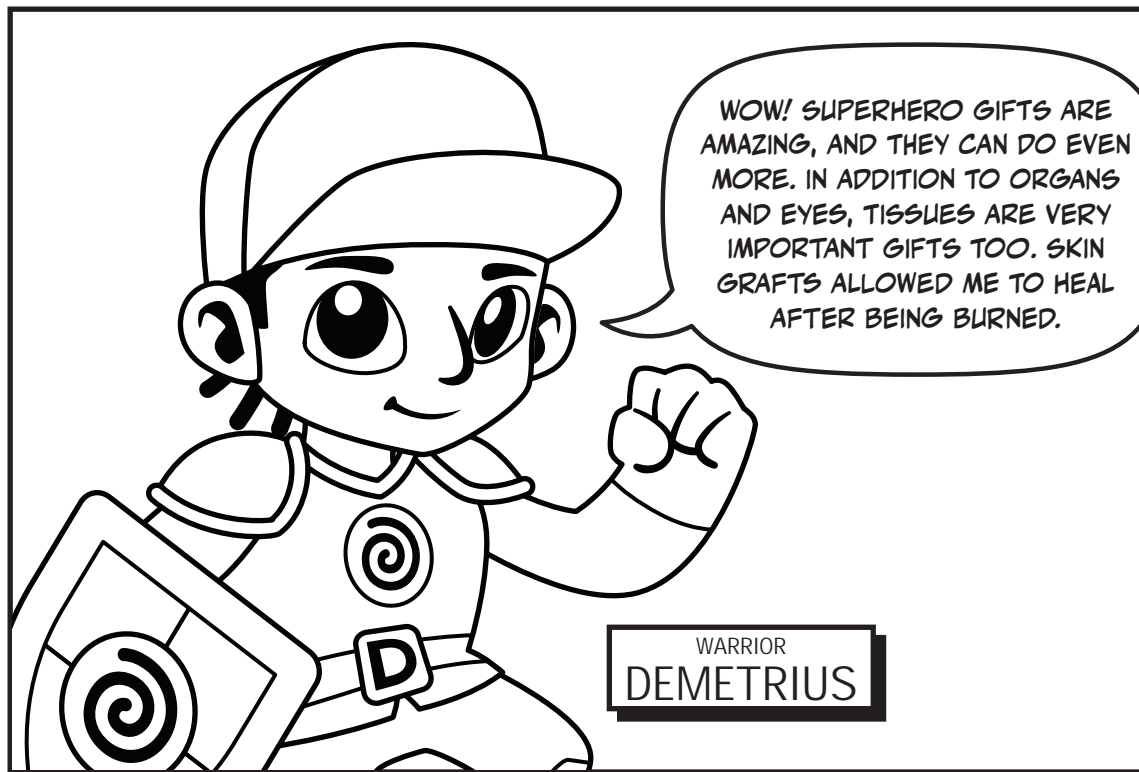


HOW MANY WORDS CAN YOU MAKE FROM THE WORD CORNEA?

C O R N E A

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |



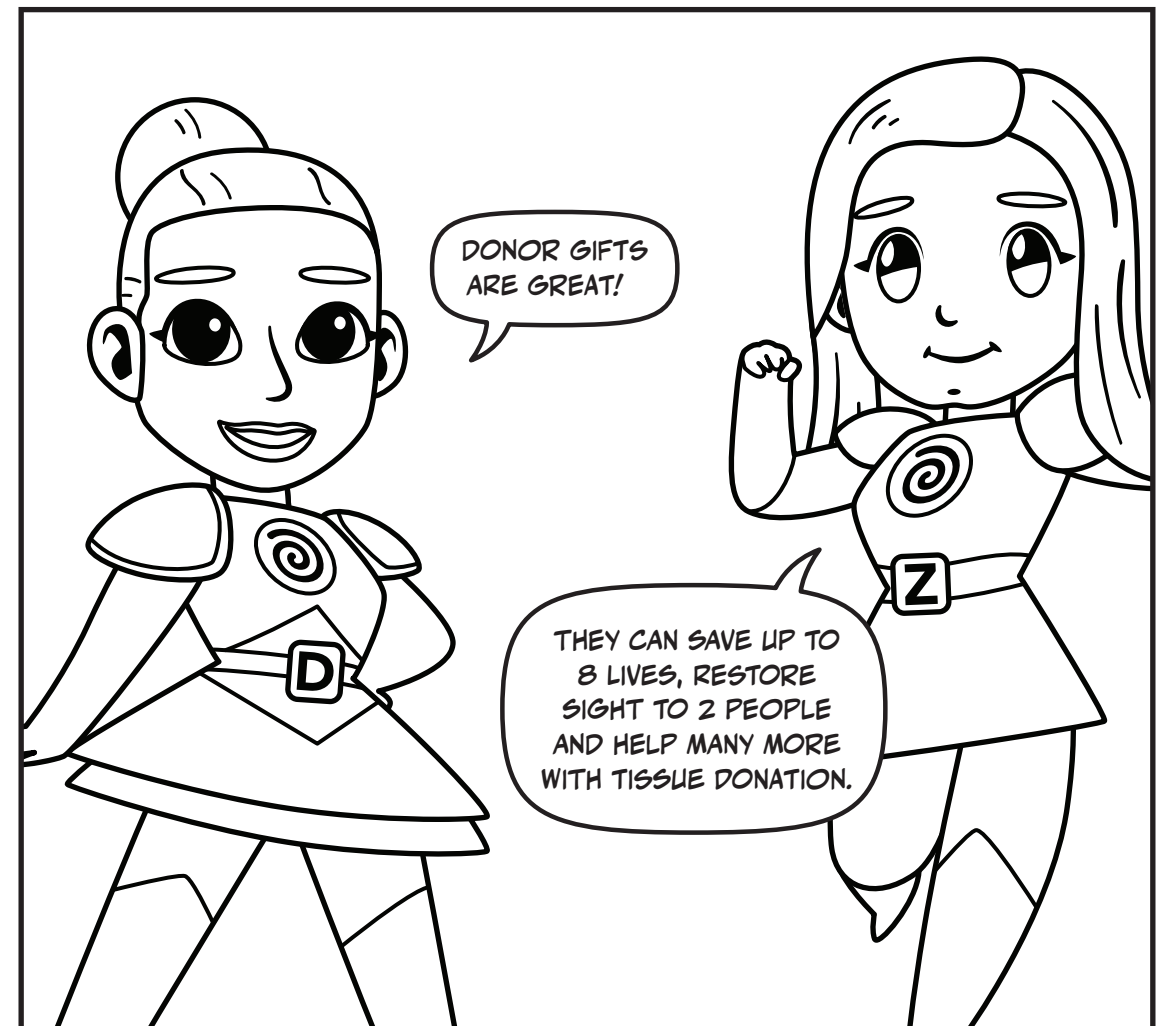


CONNECT THE TISSUE BY DRAWING A LINE TO HOW IT HELPS PEOPLE.

SKIN	IMPROVE SMILES
BONE	REPAIRS HEART
TENDONS	INCREASE BLOOD FLOW
HEART VALVES	RELIEVE PAIN
VEINS	HEAL BURNS
NERVES	ALLOW MOVEMENT

HERE ARE SOME GIFTS AND HOW THEY HEAL THROUGH TISSUE DONATION.

- SKIN GRAFTS CAN HELP HEAL BURNS.
- BONE GRAFTS ARE USED IN SOME DENTAL PROCEDURES TO IMPROVE SMILES.
- TENDONS CAN REPLACE DAMAGED TENDONS TO ALLOW MOVEMENT.
- HEART VALVES CAN BE TRANSPLANTED TO AID IN A HEALTHIER HEART.
- VEINS ARE LIKE A HIGHWAY OF BLOOD FLOW IN YOUR BODY. REPLACING POOR VEINS CAN INCREASE BLOOD FLOW.
- NERVES ARE WHAT CAUSE YOU TO FEEL PAIN. REPLACING DAMAGED NERVES WITH HEALTHY NERVES CAN RELIEVE PAIN.



FIND ALL THE DONOR GIFTS.

I F W B G K W S K I N X N  
N U J Y O H G A Z D B I E  
T N K I D N E Y S S C L R  
E T P J U C E X S N I E V  
S I S L P A B S T G L H E  
T S H E A R T V A L V E S  
I S E A N E E L B D O A K  
N U R R C Y N L I V E R I  
E E O N R E D O N O R T N  
S L I F E A O O R G A N D  
T K J S A E N R O C W O W  
S P O W S I S U P E R J B

HEART

LIVER

INTESTINES

CORNEAS

SKIN

TENDONS

VEINS

\*LOOK FOR  
BONUS WORDS

LUNGS

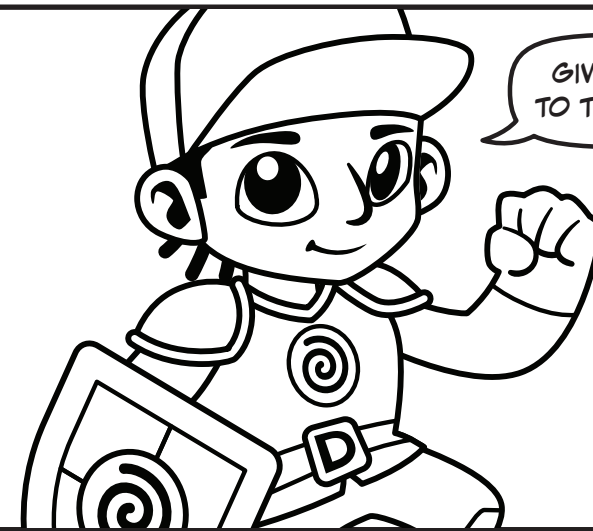
PANCREAS

KIDNEYS

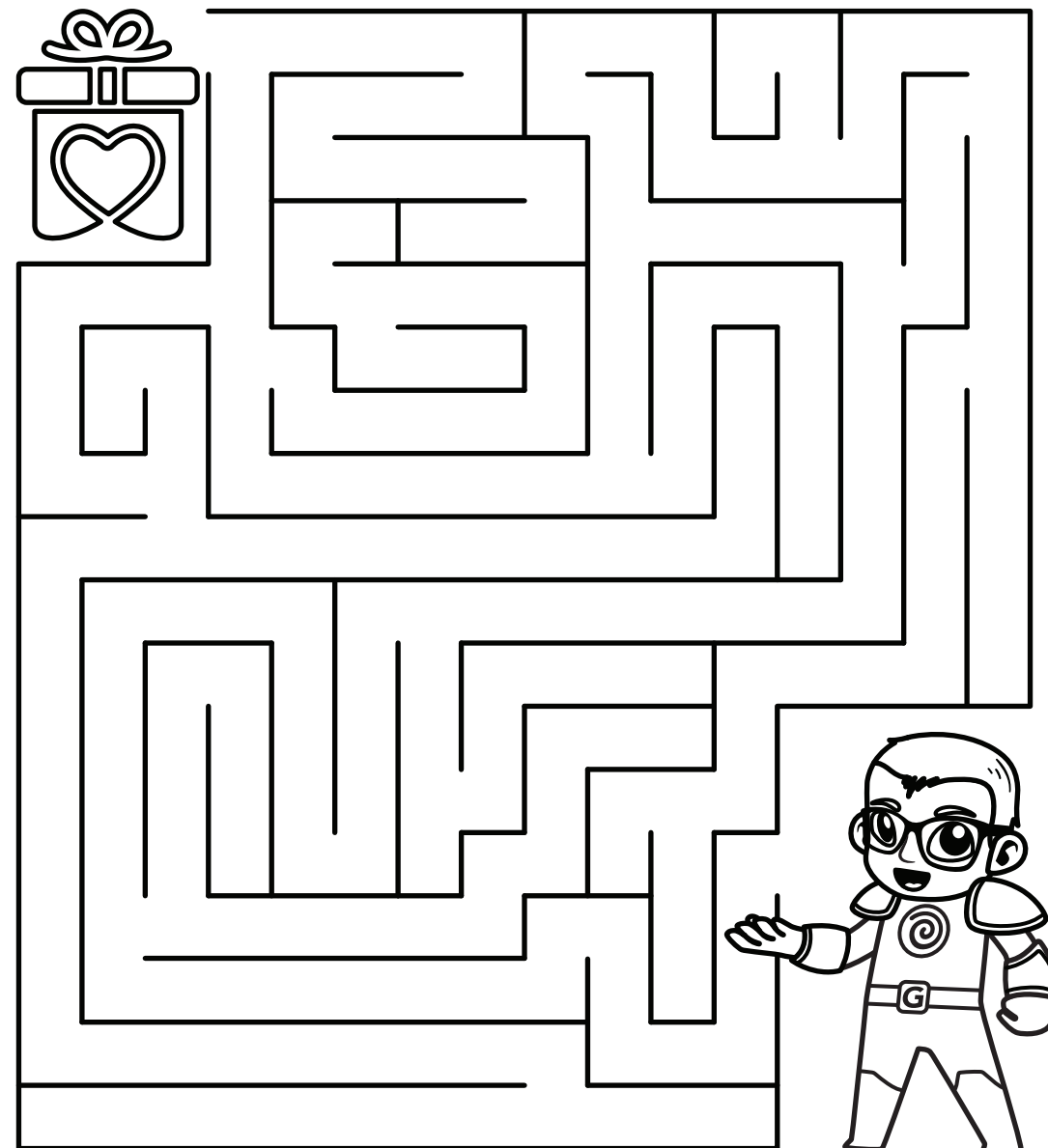
BONES

HEART VALVES

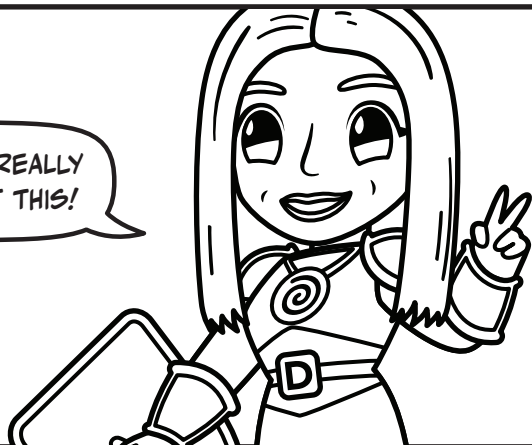
NERVES



GIVE THE GIFT  
TO THE WARRIOR



YOU ARE REALLY  
GOOD AT THIS!



WARRIORS ARE THANKFUL FOR THEIR GIFTS

FIND THE 6 HIDDEN GIFTS.

